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# 'A Case for Kindness'

University of Dayton

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Wednesday February 7, 2018

## 'A Case for Kindness'

University of Dayton Campus Ministry encourages all to "Make A Case for Kindness during Lent," which begins Ash Wednesday, Feb. 14.

"During the season of Lent, we make an effort to commit to prayer, fasting and almsgiving. This year, we also encourage the community to practice daily acts of intentional kindness as a form of almsgiving, and to grow spiritually and seek to be the hands, feet and face of Christ by spreading kindness in our world," said Crystal Sullivan, University of Dayton executive director of campus ministry.

The theme "Make a Case for Kindness" is based on the book *A Case for Kindness* written by UD alumnus Lisa Barrickman, who will share her journey of intentional acts of kindness at 7 p.m. Feb. 26 in the Kennedy Union Boll Theatre.

The University of Dayton will mark the beginning of Lent with Ash Wednesday Masses at 8 a.m., 10 a.m., 12:30 p.m., 4:30 p.m., 6 p.m. and 8 p.m. in the Chapel of the Immaculate Conception. A Christian service with distribution of ashes will take place in Marianist Hall at 5 p.m.

In addition to Ash Wednesday Masses, University of Dayton Campus Ministry will offer the following free, public activities during Lent, which runs through Wednesday, March 28.

\* Stations of the Cross are each Friday (except for March 2) at 3:30 p.m. beginning Feb. 16 in the Chapel of the Immaculate Conception.

\* Sacrament of Reconciliation from 11 a.m. to noon Tuesdays, Thursdays and Friday when classes are in session; and 4:30 to 5:30 p.m. Wednesdays throughout Lent, when classes are in session, in the Chapel of the Immaculate Conception. There also will be a Taizé reconciliation service at 8 p.m. Tuesday, March 20, in the Chapel of the Immaculate Conception. Taizé refers to the reflective music style of the monks of Taizé, France.

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\* Liturgy of the Hours will be prayed at vespers (evening prayer) each Wednesday at 5:30 p.m. and Compline (night prayer) at 10:30 p.m. throughout Lent in the Chapel of the Immaculate Conception beginning Feb. 21 until March 28, except for Feb. 28.

This Lenten season, campus ministry and the Office for Mission and Rector also will be collecting money to send to Marianist mission programs overseas — health clinics in Togo, West Africa, and India; and Marianist schools in India, Kenya and Malawi. Each serves the needs of the poor through education, encouragement and meeting basic needs.

For a complete list of University Dayton Lenten events and programs, visit the related link.

For more information, contact Shawn Robinson, associate director of news and communications, at 937-229-3391 or [srobinson@udayton.edu](mailto:srobinson@udayton.edu).

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